

Portland Table Tennis Clinic:

*Where: Tualatin Hills Park and Rec Main Gym- 15707 SW Walker Rd, Beaverton, OR 97006

*Time: **January 24th- March 27th. Tuesday 10:30am-11:30am** try to show up 5 mins before to get ready.

*Clinic will cover: All basic Table Tennis strokes: Forehand Topspin, Backhand Topspin, Forehand Slice, Backhand Slice and Serve. Foot stance, paddle grip. Structured drills including these strokes and footwork exercises that will give you an nice morning workout. **You are matched with a player of equal skill level as much as possible**, if you play with someone below your level, you will later on be matched with someone above your level. **This clinic is beneficial for all players, this clinic teaches proper form, if you haven't been coached then you don't have proper form.** Each participant will get a 25 minute video recorded private lesson with Sean O'Neill, the Olympian at some point during the 10 weeks.

*Cost: 10 week clinic for \$100.00. **If you miss one or two classes I will refund you ten dollars per class you miss.** To enter or if you have any questions my email is: Aikeyt@gmail.com. You may not drop in unannounced, you must email me to enter the clinic. The First twenty people to send email will get in. Email is highly preferred, but if you need to call (802) 233-5852.

Paddles are available for purchase if you do not have your own for \$20.00. These are quality paddles for a good price. Please mention in email that you would like to purchase a paddle.

Coaches:

Sean O'Neill



- 5x US National Men's Single Winner.
- 5x Men's Doubles Champion.
- 6x Mixed Doubles Champion.
- US National Team Member 1983-1995
- 1988 and 1992 Olympian.
- Named Male Athlete of the Year on five occasions.
- Coaching awards: National Collegiate Coach of the Year, USA Table Tennis National Coach of the Year, USATT Developmental coach of the year.

Tim Aikey



- 5x Vermont State Champion.
- 4x Vermont High School State Champion.
- 2x National Collegiate Champion.
- Over ten years competitive table tennis experience.
- Two years professional table tennis coach.

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